

**The Kundalini Experience: Psychosis Or  
Transcendence**

**By Lee Sannella**

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These are my reflections and my understandings based on my own experience of Kundalini as a result of emotional trauma and lack of sleep I had psychosis.

<http://theyogalunchbox.co.nz/what-is-a-kundalini-awakening-and-have-i-had-one/>

Erik Graff's Reviews > The Kundalini Experience: Psychosis or Transcendence

<http://www.goodreads.com/review/show?id=118879587>

interest and fascination a medical case study book by Lee Sannella, Kundalini-Psychosis or Transcendence kundalini, Lee Sannella MD

<http://sillysutras.com/2013/06/kundalini-psychosis-or-transcendence-rons-memoirs/>

The Kundalini Experience by Lee Sannella, M.D. 1987, Integral Publishing. The Kundalini Experience: Psychosis Or Transcendence by Lee Sannella. 1987,

<http://www.alibris.com/search/books/isbn/9780941255295>

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<http://www.worldcat.org/title/kundalini-experience-psychosis-or-transcendence/oclc/17816427>

Sep 12, 2011 Transcript of "Kundalini: Psychosis or Transcendence?" Lee Sannella, M.D of kundalini experience in

<http://www.slideshare.net/anken/kundalini-psychosis-or-transcendence>

Kundalini Experience (Psychosis or Transcendence?) [Lee Sannella] on Amazon.com. \*FREE\* shipping on qualifying offers.

<http://www.amazon.com/Kundalini-Experience-Psychosis-Transcendence-Sannella/dp/B00E952XBQ>

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<http://enelahora.com/2011/09/lee-sannella-kundalini-psychosis-or-transcendence/feed/>

asana practice such as kundalini yoga. However, kundalini is now widely known outside Sannella, L. (1987). The Kundalini Experience: Psychosis or Transcendence.

[http://en.wikipedia.org/wiki/Kundalini\\_Syndrome](http://en.wikipedia.org/wiki/Kundalini_Syndrome)

I was pleasantly surprised to have read about kundalini awakening symptoms in a book written by Sri Swami Sivananda called Kundalini Yoga . The reason I was

<http://simonarich.com/kundalini-awakening-symptoms>

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<http://www.abebooks.com/book-search/author/sannella-lee/>

Lee Sherman Sannella, M.D., Kathryn Sannella and Tony Sannella; His first book (1976) "Kundalini: Psychosis or Transcendence?"

<http://www.legacy.com/obituaries/petaluma360/obituary.aspx?pid=141068556>

spiritual experience, The Kundalini Experience: Psychosis or Transcendence? Lower Lake, CA: Integral Publishing. Savage, C. and McCabe, L. 1971.

[http://realitysandwich.com/1800/spiritual\\_emergencies/](http://realitysandwich.com/1800/spiritual_emergencies/)

Feb 02, 2012 NOTE: This is an excerpt from a 30-minute DVD. Changes in the human brain and nervous system can result from

[http://www.youtube.com/watch?v=uLkBy\\_WlAmA](http://www.youtube.com/watch?v=uLkBy_WlAmA)

Lee S Sannella. Santa Rosa Psychosis or Transcendence, by Lee Sannella The Kundalini Experience by Lee Sannella was helpful to me when I read it,

[https://pipl.com/n/Lee\\_Sannella/](https://pipl.com/n/Lee_Sannella/)

Horoscope and astrology data of Lee Sannella born writer and kundalini researcher. He is the author of New Age classic "Kundalini: Psychosis or Transcendence

[http://www.astro.com/astro-databank/Sannella%2C\\_Lee](http://www.astro.com/astro-databank/Sannella%2C_Lee)

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<http://www.amazon.com/Kundalini-Experience-Psychosis-Transcendence-Sannella/dp/B00E952XB0>

Mar 21, 2013 Transcript: What is Kundalini? with Lee WHAT IS KUNDALINI? with LEE SANNELLA, and author of The Kundalini Experience: Psychosis or Transcendence?

<https://runningfather.wordpress.com/2013/03/22/transcript-what-is-kundalini-by-lee-sannella-m-d-interview-by-jeffrey-mishlove/>

PSYCHOSIS OR TRANSCENDENCE? Lee Sannella, M.D. 32 THE KUNDALINI EXPERIENCE The kundalini moves inexorably upward until it reaches the center

<https://www.scribd.com/doc/221057806/Lee-Sannella-The-Kundalini-Experience-1987-edition-pdf>

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<http://www.amazon.ca/Kundalini-Psychosis-Transcendence-Lee-Sannella/dp/0685824772>

Kundalini Psychosis. Trust to Allah, but tie up the camels." -old Arabic expression. Disclaimer: I do not like to scare people, but Kundalini psychosis does occur

<http://kundalini-teacher.com/symptoms/psychosis.php>

3 editions of Kundalini--psychosis or transcendence? by Lee Sannella Add edition? An Kundalini--psychosis or transcendence? Lee Sannella.

[https://openlibrary.org/books/OL15564223M/Kundalini--psychosis\\_or\\_transcendence](https://openlibrary.org/books/OL15564223M/Kundalini--psychosis_or_transcendence)

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Kundalini & Schizophrenia : There is an interview with Jeffery Mishlove Visionary Experience or Psychosis with John W. Perry, M.D. Trials of the Visionary Mind:

<http://biologyofkundalini.com/article.php?story=KundaliniandSchizophrenia>

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Kundalini and Psychosis Kundalini and Psychosis Deeksha, meditation and emotional release may help facilitate the Kundalini awakening while the Kundalini in turn will

[http://www.newbrainnewworld.com/?Awakening\\_of\\_Kundalini:Kundalini\\_and\\_Psychosis](http://www.newbrainnewworld.com/?Awakening_of_Kundalini:Kundalini_and_Psychosis)

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The Kundalini Experience: Psychosis or Transcendence by Lee Sannella, a M.D. and a Wizard.

<http://www.pbs.org/wnet/need-to-know/video/video-american-voices-lt-commander-pam-wall/14128/>

As a yoga teacher with experience of Kundalini awakening your i would suggest there is no truly spiritual hallucination or dissociative/psychotic experience

<http://www.elephantjournal.com/2011/06/insane-in-the-membrane-the-inside-story-of-a-psychotic-mind/>

The "kundalini" experience lasted about 30 minutes, and the very last part, the kundalini or psychotic break? My kundalini made me highly psychotic at several

<http://www.astraldynamics.com.au/showthread.php?13086-kundalini-or-psychotic-break>

Lee Sannella, Kundalini researcher and author of the excellent book, explains in his book The Kundalini Experience: Psychosis or Transcendence

<http://www.zoominfo.com/p/Lee-Sannella/25936583>

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<http://www.librarything.com/author/sannellalee>

In my experience with my clients who suffer from kundalini syndrome there are numerous ways of awakening the kundalini, from traditional meditation to traumatic near

<http://www.taraspringett.com/kundalini/kundalini-syndrome>

Kundalini-info; Psychosis-possession; Methods; Martinus;  
Personal Stories. Personal Kundalini Stories; Hassled by  
spirits; Hatha Yoga and its dreadful effects;

<http://kundalini.se/en/articles/personal-kundalini-stories>

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1987: t.p. (Lee Sannella,

<http://id.loc.gov/authorities/names/n85831196>

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Sanella Few have genuinely had such an experience. Sannella  
dismisses this definition

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